



Dear Patient,

Women's Hormone Network (WHN) is a non-profit organization dedicated to helping women lead healthier and more fruitful lives through a rhythmically dosed hormone replacement therapy called Physiologic Restoration (PR).

You are receiving this letter because your doctor has changed your dosing instruction to be more in line with this protocol.

What does this mean for you?

New Packaging – Less Plastic, Less Work!

No more wasted plastic, reading those tiny lines, or dealing with air bubbles. Your hormone creams are now dispensed in a color-coded device known as the Biosrx. If you were using syringes before, the change is simple. One line = two twists on the new device.

New Directions and Calendar Booklet

No more worrying about receiving the wrong calendars. You have been given new directions and a calendar booklet, complete with the entire years' worth of calendars. You will receive one at the beginning of each calendar year.

Consultation Videos

Check out our pre-recorded consultation video so that you can learn the ins and outs of PR and share them with your friends!

<https://www.womenshormonenetwork.org/how-to-get-started-on-physiologic-restoration>

As you may be aware, Women's Hormone Network is in the final phase of developing a comparative research protocol to study [physiologic hormone restoration](#) and its health impacts on 50 women vs 50 women on the Estradiol patch and cyclical oral progesterone with testosterone if needed, over a three year period. As a patient you are supporting this study, a portion of each device sale will be donated to WHN for this trial.

As an additional perk WHN invites **you** to become a Charter Member. We have been working diligently on developing a membership program to provide greater value to our WHN Community. Join us to help build our community, our programs and to continue funding much-needed hormone research. We have a membership for interested patients called advocates.

www.womenshormonenetwork.org/members