

ESTRADIOL CREAM

PHYSIOLOGIC RESTORATION | BIOIDENTICAL HRT

0.5 mg/twist (10mg/ml cream)

	-2E <i>18 ml</i>	-1E <i>24 ml</i>	E initial <i>30 ml</i>	TWISTS
Apply	4 Twists	6 Twists	8 Twists	twice daily on cycle days 1-5
Apply	8 Twists	10 Twists	12 Twists	twice daily on cycle days 6-8
Apply	10 Twists	12 Twists	14 Twists	twice daily on cycle days 9-10
Apply	12 Twists	14 Twists	16 Twists	twice daily on cycle day 11
Apply	20 Twists	22 Twists	24 Twists	twice daily on cycle day 12
Apply	8 Twists	10 Twists	12 Twists	twice daily on cycle days 13
Apply	2 Twists	2 Twists	4 Twists	twice daily on cycle days 14
Apply	2 Twists	4 Twists	6 Twists	twice daily on cycle days 15-17
Apply	4 Twists	6 Twists	8 Twists	twice daily on cycle days 18-28

This medication has been compounded specifically for you. Please contact your compounding pharmacy if you have any questions about your compounded medication.